



VIP Code	Vendor Code	Description	Case Pack
301285	10071179026938	Simplot Harvest Fresh™ Avocados -Avocado Halves, Frozen	12 / 2 lb

Simplot Harvest Fresh™ Avocados - Avocado Halves, Frozen

Inspire more passion in your customers with Simplot **Harvest Fresh™** Avocados. Perfectly ripe and always ready, our hand-picked avocados will take dishes across your menu to delicious new heights. These versatile avocado halves are perfect for slicing, dicing or mashing for your own signature guacamole. Elevate your menu and check average.

Simplot Harvest Fresh™ Avocados - Avocado Halves, Frozen

Ingredients

AVOCADO, SALT, ASCORBIC ACID (TO MAINTAIN NATURAL COLOR), CITRIC ACID.

Serving Suggestion

Quick-frozen to capture true, fresh avocado flavor. No additional labor—already peeled and pitted.

Preparation

KEEP FROZEN. DO NOT THAW IN MICROWAVE.



Thaw and Serve



FOR BEST QUALITY, THAW UNOPENED BAG FOR 8-10 HOURS IN THE REFRIGERATOR (40°F) IN SINGLE LAYER. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED HALVES WITHIN 2 DAYS. BEST IF USED WITHIN 24 HOURS. ONCE THAWED, DO NOT REFREEZE.

Nutrition

Serving Size: 1 half (43g)

Servings per Container: about 180

Calories: 100

	Amount per serving	% Daily Values*
Total Fat	9g	12%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	75mg	3%
Total Carbohydrate	3g	1%
Dietary Fiber	2g	7%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.4mg	2%
Potassium	240mg	6%

* Percent daily values are based on a 2,000 calorie diet.