



VIP Code	Vendor Code	Description	Case Pack
052038	1C04	Beyond Chicken® Tenders, Breaded, Plant-Based	2 / 5 lb

Crafted to look, cook and taste like traditional animal-based chicken tenders, Beyond Chicken® Tenders are breaded to perfection for a crispy outside and juicy, tender bite.

Made from simple, plant-based ingredients without GMOs, these tenders are a better-for-you option with 14g of protein and 40% less saturated fat than the leading brand of breaded chicken tenders.

Great for a late-night craving or a lunchtime snack. Pair it with your favorite sauce. Throw it in a salad. Sandwich it against two buttery waffles - don't forget the syrup.

# Beyond Chicken® Tenders

## Storage

Store frozen, cook from frozen. Cook time may vary depending on equipment, always cook to an internal temperature of 165°F.

## Preparation

### Deep Fryer

Set fryer oil to 350°F. Place frozen tenders in a single layer in fryer basket. Deep fry for 3 minutes 40 seconds, or until the internal temperature reaches 165°F. Let tenders rest for 2 minutes before serving. Note: Recommended time and temperatures are estimated.

### Conventional Oven

Preheat oven to 425°F. Place frozen tenders on a baking tray lined with parchment paper. Bake tenders for 6 minutes, then flip, and bake for an additional 6 minutes, or until the internal temperature reaches 165°F. Let the tenders rest for 2 minutes before serving. Note: Recommended time and temperatures are estimated.

### Not Recommended

Microwaving, boiling in water.

## Ingredients

Water, Faba Bean Protein, Breading (Wheat Flour, Rice Flour, Salt, Corn Starch, Pea Protein, Canola Oil, Wheat Gluten, Paprika, Spices, Dextrose, Leavening [Sodium Acid Pyrophosphate, Sodium bicarbonate, Monocalcium Phosphate], Sugar, Sunflower Oil, Dried Onion, Dried Garlic, Yeast Extract, Natural Flavors, Soy), Flavoring (Wheat Flour, Sugar, Sea Salt, Dried Yeast), Vital Wheat Gluten, Modified corn Starch, Natural Flavors, Expeller-Pressed Canola Oil, Pea Starch, Methylcellulose, And 1% Or Less Of yeast Extract, Refined Coconut Oil, Salt, Garlic Powder, Onion Powder, Sodium Phosphates, Spices, Titanium Dioxide (For Color), Sunflower Lecithin.

**Contains:** Wheat, Soy

## Nutritional's

### Nutrition Facts

(Unprepared)

45 Servings Per Container

**Serving Size** **86 g**

Amount Per Serving

**Calories** **230**

	% Daily Value*
<b>Total Fat</b> 12 g	<b>15%</b>
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 490 mg	<b>21%</b>
<b>Total Carbohydrate</b> 14 g	<b>5%</b>
Dietary Fiber 3 g	11%
Sugar 2 g	
Added Sugar 2 g	4%
<b>Protein</b> 14 g	
<b>Vitamin D</b> 0 µg	<b>0%</b>
<b>Potassium</b> 210 mg	<b>4%</b>
<b>Calcium</b> 20 mg	<b>2%</b>
<b>Iron</b> 1 mg	<b>6%</b>
<b>Vitamin A</b> 0 µg	<b>0%</b>
<b>Vitamin C</b> 0 mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.